



Hana CATHALA

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Start-up SPA Manager Multicultural – Multilinguistic Multiskilled

EDUCATION

Baccalaureate + 5

(University graduation in Prague, 1974)

- » Linguistic, philosophy, journalism
- » Master of physical education and sports
- » Masseur –physiotherapist (balneology)
- » Management of Health Tourism

Up-grading stages (1980–2015)

- » Permanent personal development, communication, IT
- » Chinese traditional medicine, Ayurveda, therapeutic methods and Thalassotherapy management.

LANGUAGES

Czech – mothertongue

French – bilingual

English, German, Russian – speaking, reading, writing

Italian, Spanish, other Slavic languages – notions



PROFESSIONAL EXPERIENCE (1971–2018)

Start-up SPA & Thalasso Manager:

- » Thalgo SPA Crowne Plaza Dead Sea, Jordan (2012)
- » Thalassotherapy Centre of Hotel Djerba Plaza, Tunisia (2011)
- » SPA hotel 4* Superior Augustian, Luhacovice, Czech Rep. (2010)
- » SPA Arômes & Bien-être, Best Western Hotel, Saulx, France (2009)
- » MediSPA & Wellness Evzenie, Klasterec n/Ohri, Czech Rep. (2009)
- » Wellness & SPA Hotel 4* Frymburk, Prague, Czech Rep. (2008)
- » Thalasso & Golf Resort Porto Carras, Thessaloniki, Greece (2002–04)
- » ThalassoHotels Ma biche 5*, Alatau 5*, Kemer, Turkey (1999–2001)
- » Thalassotherapy centre, Selje Hotel 5*, Selje, Norway (1997–2000)
- » Thalasso Bioazur, Hammamet, Tunisia (1994–97)
- » Business club Acqueville & SPA, Villennes /S, France (1993–94)

Project consultant:

- » Hotels and SPAs “Mystery visit” auditor, France, Greece, Czech R. (2014–16)
- » Anazoe SPA, Golf Resort Costa Navarino, Greece (2016)
- » Body treatments (Signature) developer by Visoanska (2013)
- » Town Hall of Maule (78), social sector, France (2012–15)
- » Humanitarian mission in GK, Manila, Philippines, (2011)
- » Eco SPA hotel Las Cumbres, Guatemala (2010)
- » MediSPA hotel 5* Alexandrie, Luhacovice, Czech Rep. (2010)
- » MediSPA & Wellness Velichovky, Czech Rep. (2007–08)
- » MediSPA & Wellness Jachymov, Czech Rep. (2006–07)
- » European Summit assistance, Thessaloniki, Greece (2003)
- » MediSPA & Thalasso Hotel 4* Dobroudza, Albena, Bulgaria (1998)

Trainer, teacher, therapist:

- » Training in Golf & SPA Resort Costa Navarino, Greece (2016)
- » HomeCare 24/24, therapist, Germany (2015–18)
- » SPA Six Senses Paris, Body treatments (2013–2014)
- » Sol Melia Hotels, SPA Management Training, Varna, Bulgaria
- » “New vision of Better being”, Prague, Czech Rep.
- » “Summer slimming courses” Korfu and Kefalonia, Greece
- » Centres for mentally and physically handicapped (78), France
- » High schools Paris, Poissy, International France Afrique Epernay, France
- » Rehabilitation in Héliomarin Health Center, Hyères (83), France
- » MediSPA La Léchère les Bains; SPA centre Val Thorens, France
- » New projects of SPA hotels and conferences in Latvia; Czech Rep.
- » Fitness centre Espace Valmy, Colombes (92), France
- » Fitness centre St. Denis, Tennis club BOTC, University (Chaudron), Tropic Club, CREPS, FFGV, St. Denis, Reunion, Mauritius, Indian Ocean
- » National office UNESCO, Youth & Sports Ministry, High schools, Ski Schools, Tourism agencies, various experience, Czech Republic

COMPETENCES

Human resource

- » Recruitment
- » Training
- » Personal management

Communication

- » Supports set up
- » Public – Media – Guest relations
- » Events set up

Trade management

- » Daily management
- » Stock management, suppliers relation
- » Trade development

Development of SPA / Thalasso

- » Concept creation
- » Creation of daily routine and professional protocols and rituals
- » Creation of Signature treatment

Well-being in praxis

- » Massages and other treatments SPA, Wellness, Thermal, Thalasso
- » Relaxology – Sophrology
- » Gymnastics (Tai Chi, Chi kong, Personal coaching)



“Promoting the development of HEALTH TOURISM world-wide by providing expertise to create, assist, operate, date, up-grade and market SPAS, THALASSOTHERAPY & HEALTH RESORTS”